

CERTIFICATE COURSE IN FAMILY LIFE EDUCATION

SYLLABUS

DEPARTMENT: DEPARTMENT OF MATHEMATICS

NAME OF COURSE: CERTIFICATE COURSE IN FAMILY LIFE EDUCATION

COURSE CODE: CVAC001

TOTAL HOURS: 30

UNIT-I Family Life and importance of Life Skill Education (6 HOURS)

Education Concept of Family Life, Family Life Education - Concept and Meaning, Importance of Family Life Education, Role of Home, School and Religion in Imparting Family Life Education, Development of Personality and Moral Values in Life. Basic Concepts in Life Skill Education, Understanding Man and Woman, Life Skill Education: Concept and Objectives, Life Skill Education: Role of Home, School and Media

UNIT- II Process of Growing Up (8 HOURS)

Male Reproductive System and Functioning, Female Reproductive System & Functioning, Early Stages of Human Growth: Biological, Social, Psychological and Developmental Aspects, Later Stages of Human Growth: Biological, Social, Psychological and Developmental Aspects, Youth and Their Concerns

UNIT -III Social Institution of Marriage (8 HOURS)

Marriage and Family: Choosing Life Partner, Marriage in India, Society, Culture, Religion and Family Values, Marital Life and Role Expectations

UNIT -IV Policies and Programmes for Family Welfare (8 HOURS)

Indian Family in Transition, Family Planning Policies, Family Planning Methods and Spacing Between Live Births, Medical Termination of Pregnancy and Issues Associated with it Major Problems in Marital Life Psycho-Social Effects of Divorce, Separation and Migration, Dowry Demands and Dowry Deaths, Legal Issues Involved in Marriage

REFERENCE

- Jesper Juul, *Your Competent Child: Toward New Basic Values for the Family*, Farrar, Straus and Giroux
- Janet Gonzalez-Mena, *Child, Family, and Community: Family-Centered Early Care Education*, Merrill Publishing Company
- Lane H. Powell, Dawn Cassidy, *Family Life Education: Working with Families Across the Life Span*, Waveland Press
- David J. Bredehoft, Michael J. Walcheski, *Family Life Education: Integrating Theory and Practice*, Ingram